



## Shanghai University of Finance & Economics

### 2020 Summer Program

### PSY 101 Introduction to Psychology

#### Course Outline

**Term: June 1 – June 26, 2020**

**Class Hours: 12:00-13:50 (Monday through Friday)**

**Course Code: PSY 101**

**Instructor: D. Bruce Carter, Ph.D.**

**Home Institution: Syracuse University**

**Office Hours: TBA and by appointment**

**Email: [dbcarter@syr.edu](mailto:dbcarter@syr.edu)**

**Credit: 4**

**Class Hours:** This course will have 52 class hours, including 38 lecture hours, professor 8 office hours, 2-hour TA discussion sessions, 4-hour review sessions.

#### **Course Description:**

This course is designed to introduce students to the study of psychology. It is intended to provide broad coverage of the field by presenting basic theories, research, and applied use of psychology. It will give students a background from which to either pursue more advanced psychological courses, or to retain the information as a basic knowledge of psychology in general. Areas that will be covered include: research methods, biological bases of behavior, human development, sensation, perception, learning, intelligence, motivation, emotions, personality, mental disorders and their treatment, and social psychology. This course will explore the areas of psychology through psychological, environmental and biological perspectives. The course directs the student to be able to understand and analyze human behavior in everyday life.

#### **Course Objectives:**

Upon completion of this course, you will be able to:

1. Identify and apply research techniques commonly used in psychology;



2. Show a basic understanding of statistical analysis and an ability to think critically about psychological issues;
3. Identify the ways development, biology, and the environment influence behavior;
4. Recognize characteristics patterns of thought, memory, and intelligence;
5. Understand personality theories and the influence of personality on your own and others' behavior;
6. Identify and analyze social influences and their influence on human behavior;
7. Recognize the inter-relatedness of psychological factors, mental health, and physical health; and
8. Identify psychological disorders, their potential causes, and appropriate treatments of the disorders.

### Required Textbooks (PDF eTextBook):

Meyers, D. G. & DeWall, C. N. (2016). *Exploring Psychology. 10th Edition. New York, NY, USA: Worth Publishers. (ISBN: 9781464154072)*

### Grading & Evaluation:

Because of the length of the summer session and the amount of material to be covered, there will be no midterm or final exam although we will have a quiz every week. The weekly quizzes will be multiple choice (30 questions each) and will be completed each Thursday in class. Each quiz will include the material from chapters and lectures covered in class that week.

Students will also be graded on homework material included within the textbook (10 assignments due on Tuesdays and Wednesdays). Each homework assignment will be to answer the questions at the end of each chapter of the textbook (the assignment is open-book). Your answers to these questions are due the day the chapter is covered in class. You may complete the questions for up to 3 additional chapters for extra credit (worth 2% of your grade for each). Attendance will be the final 10% of your grade.

| Assignment                          | Percent of Grade |
|-------------------------------------|------------------|
| Chapter Assignments (15 at 2% each) | 30%              |
| In-class Quizzes (4 at 15% each)    | 60%              |
| Attendance                          | 10%              |
| Total                               | 100%             |

### Grade Policy

| Grade | Percent | GPA     |
|-------|---------|---------|
| A     | 90-100  | 4.0-5.0 |
| B     | 80-89   | 3.0-3.9 |
| C     | 70-79   | 2.0-2.9 |
| D     | 60-69   | 1.0-1.9 |
| F     | <60     | 0       |



## CLASS POLICIES

**Academic Honesty:** The University and the faculty are committed to academic integrity in all its practices. Activities that violate academic integrity undermine the quality and diminish the value of educational achievement and are treated seriously. Cheating on papers, tests or other academic works is a violation of College rules. No student shall engage in behavior that, in the judgment of the instructor of the class, may be construed as cheating. This may include, but is not limited to, plagiarism or other forms of academic dishonesty such as acquisition without permission of tests or other academic materials and/or distribution of these materials and other academic work. Students who aid and abet as well as those who attempt such behavior will be treated similarly.

**Attendance Policy:** You are expected to attend class unless you are ill or there is a crisis in your family. Prolonged illness or a pattern of frequent absences can jeopardize your grade. In the case of an absence, it is the student's responsibility to gather class notes from other students. You are encouraged to be on time to class since being tardy can be disruptive to others in the class.

**Missed/Late Assignments:** : Assignments are due on the date listed. Without prior approval from the instructor, no late assignments will be accepted.

**Mobile Phones, Computers, & Audio-Recording the Class:** (1) You may NOT use your phone during class (for calling or texting). You may use your phones in our classroom *before* class starts. However, turn your phone off until class is complete. (2) Please do not use computers unless directed to do so. A recent study shows that you and your classmates will not do as well in the course if you use computers in class. Feel free to record any part of class if you feel that would be useful.

**Civility Policy:** Because the classroom is a community of scholars engaged in the pursuit of knowledge, I fully expect every student in this class student to engage in civil and respectful behavior toward one another, including issues where there may be disagreement. Anyone who disrupts the community by their words or actions will be asked to leave the class.

## Course Schedule

### Weekly Reading Assignments & Daily Lecture Schedule\*

#### **Week 1: Psychology as a Practice & Science (Chaps. 1-4; Appendix A);**

|                      |   |
|----------------------|---|
| June 1 <sup>st</sup> | Introduction; Thinking Critically (Chapter 1; Appendix A) |
| June 2 <sup>nd</sup> | Biology of Behavior I (Chapter 2)                         |
| June 3 <sup>rd</sup> | Consciousness and the two-track mind (Chapter 3)          |
| June 4 <sup>th</sup> | Developmental Psychology II (Chapter 4)                   |
| June 5 <sup>th</sup> | Discussion 1; <b>QUIZ 1</b> on Chapters 1-3               |



## **Week 2: Development, Perception & Learning (Chaps. 4-7)**

- June 8<sup>th</sup> Sex, gender & sexuality (Chapter 5)
- June 9<sup>th</sup> Processing the external world: Sensation & Perception (Chapter 6)
- June 10<sup>th</sup> Learning I (Chapter 7);
- June 11<sup>th</sup> Memory (Chapter 8)
- June 12<sup>th</sup> Discussion 2; **QUIZ 2** on Chapters 5-8

## **Week 3: Memory, Thinking, Motivation & Emotion (Chaps. 9-12);**

- June 15<sup>th</sup> Thinking, language & Intelligence (Chapter 9)
- June 16<sup>th</sup> Motivation & Emotion (Chapter 10)
- June 17<sup>th</sup> Stress, health, and human flourishing (Chapter 11)
- June 18<sup>th</sup> Social Psychology I (Chapter 12)
- June 19<sup>th</sup> Discussion; **QUIZ #3** on Chapters 9-12

## **Week 4: Stress, Social Psychology and Personality (Chaps. 13-15)**

- July 22<sup>nd</sup> Personality (Chapter 13)
- July 23<sup>rd</sup> Psychological Disorders (Chapter 14)
- July 24<sup>th</sup> Therapy (Chapter 15)
- July 25<sup>th</sup> Wrap up and Catch-up
- July 26<sup>th</sup> Discussion 4; Quiz 4 (Chapters 13-15)

**\*NOTE: This syllabus is subject to change. All changes will be announced in class.**